




# Charly Cox

Writer, Producer and Poet

 @Charlycox1  
46K+ Followers

 @charlycox1  
17,5+ Followers

 Charly Cox  
4,240+ Followers

[www.charlycox.co.uk/](http://www.charlycox.co.uk/)

Charly Cox is a writer, producer and poet. Her writing focuses on destigmatizing mental health and the coming-of-age of a young woman surviving the modern world. In January 2017, she published her first poem on Instagram, showing her internet followers her poetry for the first time; since then she's been asked to be Virgin Radio's poet in residence, she's been published on Refinery29, hosted poetry nights to raise money and awareness for MQ Mental Health, been named by ELLE magazine as one of their 20 power players to watch out for in 2018, and been named in Forbes' prestigious '30 Under 30' list.

Charly has released two books. The first, 'She Must Be Mad' was a roaring success, placing Charly high on the list of top-selling British poets. The second, 'Validate Me', was published in October 2019, and was exquisitely written on her phone.

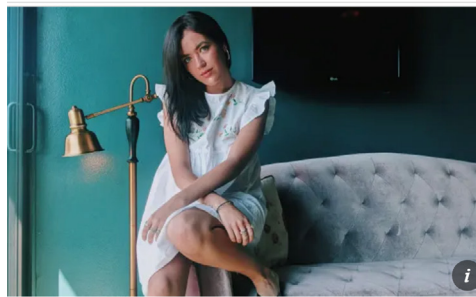


# Editorial



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**Meet the influencer turning a new generation to poetry**



Charly Cox hit the bestsellers list last year CREDIT: ANDREW CROWLEY

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BOOKS



👤 Followers | 46K

♂ Male | 22.68%

♀ Female | 77.34%

👥 Age range | 35-44 (8.43%)  
25 - 34 (36.39%)  
18 - 24 (45.62%)

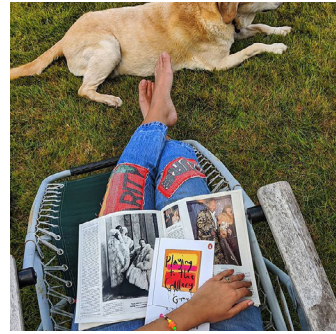
😊 Stories | 4000-5000

👁️ Reach | 9,969+

👁️ Impressions | 10,600+

🌍 Top Countries | United Kingdom  
United States  
Australia  
France  
Spain

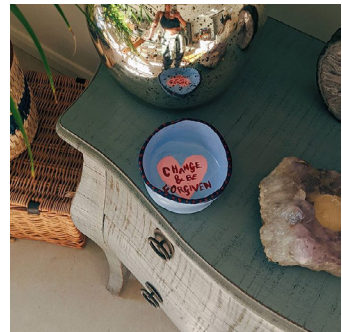
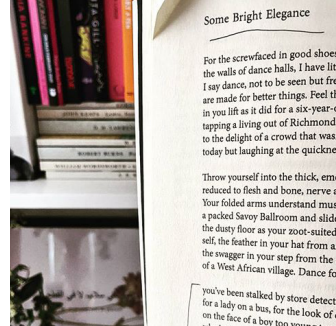
📍 Top Cities | London  
Manchester  
New York  
Paris  
Edinburgh



**Rest is not  
the enemy  
of change.**

**It is one part  
of its fuel.**

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# BBC NEWS



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